# SAMs of 2-Aminoethanethiol Modified with 3,4-Dihydroxyphenylalanine for the Electrocatalytic Oxidation of NADH on Gold Electrodes

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2-Aminoethanethiol (aet) has been used to make self-assembled monolayer (SAMs) on gold electrodes, which are subsequently modified with 3,4-dihydroxy phenylalanine (dpa). Such modified electrodes having various types of Au/aet-dpa were employed in the electrocatalytic oxidation of NADH. The purpose of this study to characterize the responses of such modified electrodes in terms of the immobilization procedure, pH of the solution and applied potential. The reaction of the surface immobilized dpa with NADH was studied using the rotating disk electrode technique and a value of  $2.2 \times 10^4 \text{ M}^{-1}\text{s}^{-1}$  was obtained for the second-order rate constant in 0.1 M Tris/NO<sub>3</sub><sup>-</sup> buffer (pH=8.0). The hydration behavior of the films was characterized by quartz crystal microbalance. When used as a NADH sensor, the Au/aet-dpa electrode exhibited good sensitivity and an excellent correlation ( $r \ge 0.99$ ) for NADH concentration which extended to  $3.8 \times 10^{-3}$  M.

Key Words: 2-Aminoethanethiol, 3,4-Dihydroxy phenylalanine, NADH

### Introduction

Self-assembled monolayers (SAMs) of ultra thin organic films have been widely used to control surface properties and in basic studies of interfacial phenomena at electrodeelectrolyte interfaces. The formation,<sup>1</sup> structure,<sup>2</sup> properties<sup>3</sup> and applications of SAMs of n-alkanethiols on metal surfaces<sup>4</sup> have been particularly well studied. Alkyl chains consisting of fewer than 15 carbon atom have been found to be disordered.<sup>5</sup> In the case of the longer chains the order and structural stability are greatly improved, owing to the formation of the hydrogen bonds between the strands of the SAMs.<sup>5</sup> In general, the bonds between the metal and the SAM do not give rise to contact resistance problems associated with the metallic substrates and polymeric films used in polymer modified electrode (PMEs). In the case of the PME, the morphology of the film layer can affect the resistance.6

The cysteine molecule with three functional groups such as amine, carboxyl and thiol, can give rise to SAMs on gold via the cysteine molecule's thiol group. The remaining functional groups can then be used for further modifications. For example, the amine group can react with a carboxylic functionality to yield an amide bond. Molecules, such as 3,4-dihydroxybenzaldehyde, 3,4-dihydroxybenzoic acid, arterenol, dopamine and 3,4-dihydroxyphenylalanine, having an o-quinone moiety, exhibit quinone bond redox processes at a formal potential of +0.2 to +0.4 V (*vs.* SCE) with pendant amino group. The latter three materials could be made to react with carboxylic acids by using a coupling agent such as 1-(3-dimethylaminopropyl)-3-ethylcarbodiimide (EDC).

In this work, we employed 2-aminoethanethiol (aet) and 3,4-dihydroxyphenylalanine (dpa) to prepare SAMs on gold surfaces as shown on Scheme 1. In this approach, the gold





surface is first modified with 2-aminoethanethiol (aet) and subsequently reacted with dpa to give rise to a surface immobilized o-hydroquinone, which can produce various hydrogen bond formations among the strands of the SAMs.

In this study, we present the preparation and characterization of such electrodes, as well as their activity in the electrocatalytic oxidation of NADH.<sup>7</sup>

#### **Experimental Section**

**Instruments and chemicals.** Electrochemical experiments were performed using an EG & G 273A potentiostat/galvanostat with 270/250 software. Data were recorded on a Philips model 8043 X-Y recorder and plotter (*HP* color pro). Potentials were measured and reported against sodium saturated calomel electrode (SSCE). Cyclic voltammetry

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### Electrocatalytic Oxidation of NADH on SAMs Electrodes

(CV) was used to evaluate the redox characteristics of the reactions and for the NADH determinations. A quartz crystal microbalance (CHI 420,USA) was employed for electrochemical quartz crystal microbalance (EQCM) experiments.

Gold electrodes were constructed by producing small beads with diameters of 0.2-0.3 mm from 0.1 mm gold wire heated with an oxygen/propane flame. The beads were subsequently sealed in soft glass. The electrodes, initially polished with sand paper, were subsequently polished with diamond paste (Struers, Denmark; 1  $\mu$ m) to generate a mirror-like surface. Before they were used the electrodes were cleaned with Piranha solution  $(H_2O_2 : H_2SO_4 = 1 : 3)$  to remove the organics. High-quality deionized water (18 M $\Omega$ ) was obtained from a Millipore Mili-Q system. Dopamine was recrystallized three time from ethanol/water and dried at 75 °C for 24 hrs under reduced pressure. 0.1 M phosphate (pH=5.52), 0.1 M phosphate (pH=7.10) and 0.1 M Tris/ NO<sub>3</sub><sup>-</sup> (pH=8.00) buffers were prepared from analytical grade reagents. 3,4-dihydroxyphenylalanine, EDC and NADH were purchased from Aldrich and used as received.

**Electrode modification.** A monolayer of 2-aminoethanethiol was formed by immersing a pretreated gold electrode in a 1.0 mM aet/water solution for 60 minutes. For well ordered SAMs, the electrodes were annealed by CV for 5 min in the potential range of -0.2 to +0.6 V with a scan rate of 50 mV/s and subsequently immersed in 1.5 mM dpa at 0.1 M phosphate buffer solution (pH=7.1) containing 3.0 mM EDC for 3 hrs to obtain various types of Au/aet-dpa modified electrodes. These modified electrodes annealed in ethanol for 6 h. The SAMs were found to be stable for repeated uses at the potential ranges of -0.40 V to 0.80 V. The changes in mass accompanying the formation of the monolayer, reaction with dpa and hydration changes during the redox reactions were characterized with an EQCM.

**Determination of NADH.** The oxidation of the surface immobilized o-hydroquinone moiety of dpa was performed at 0.15 V in Tris/NO<sub>3</sub><sup>-</sup> buffer (pH=8.0) in the electrocatalytic oxidation of NADH in solution.<sup>8</sup>

## **Results and Discussion**

CV results. The coenzyme immobilized on the Au/aetdpa electrode acts as an acceptor of electrons generated in the reaction and is converted to its reduced NADH. Figure 1 shows the CVs results for the Au/aet-dpa electrode using (A) a 0.1 M phosphate buffer solution (pH=5.52), (B) a 0.1 M phosphate buffer solution (pH=7.1), and (C) a 0.1 M Tris/ NO<sub>3</sub><sup>-</sup> buffer solution (pH=8.0) for a single cycle (top) and various sweep rates (bottom). The formal potentials for the above three cases were 0.21, 0.26 and 0.30 V, respectively. From these results which are shown in Figure 1, it was found that A and C were good conditions for promoting the oxidation reaction of the cofactor. As shown in the CV results, the waves had the expected shape for a surface immobilized redox center with a small Ep value. Also, the current was directly proportional to the rate of potential sweep over the range of 10 to 500 mV/s (Fig. 2), suggesting

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**Figure 1.** The CVs results for the Au/aet-dpa electrodes, for an applied potential range of -0.1 to 0.5 V in (A) 0.1 M phosphate buffer (pH=5.52), (B) 0.1 M phosphate buffer (pH=7.1) and (C) 0.1 M tris/NO<sub>3</sub><sup>-</sup> buffer (pH=8.0), with a sweep rate of 50 mVs<sup>-1</sup> (top) and an electrode area of  $7.07 \times 10^{-2}$  cm<sup>2</sup>. The sweep rate dependences of the electrodes were 10, 30, 50, 75, 100, 150, 200, 300, 400 and 500 mVs<sup>-1</sup>.



Figure 2. Plot of anodic peak current vs sweep rate for each electrode of Fig. 1, respectively.

the existence of facile charge transfer kinetics in each buffer solution. These films were quite stable, as long as the applied potential did not exceed +0.80 V. Then, dpa, as a tyrosine derivative molecules,<sup>9</sup> could be dimerized due to the



**Figure 3.** Linear sweep voltammetric responses with sweep rate of 10 mV/s at RDE(Au)/aet-dpa electrodes (A) in 0.1 M phosphate buffer (pH=5.52), (B) 0.1 M phosphate buffer (pH=7.1) and (C) 0.1 M tris/NO<sub>3</sub><sup>-</sup> buffer (pH=8.0) containing 0.31 mM [NADH] solution, with rotating rates of 0 to 2500 rpm at 500 rpm intervals. The coverage of the SAMs was  $1.05 \times 10^{-10}$ , the electrode area was  $7.07 \times 10^{-2}$  cm<sup>2</sup>, 10 mVs<sup>-1</sup>.

presence of EDC. For the coupling reaction on the film of the electrode surface to take place, concentration of the molecules has to be kept at more than 1.0 mM.

**Rotating disk electrode (RDE).** The kinetic parameters were measured from RDE experiments. The catalytic current for NADH oxidation at the Au/aet-dpa electrodes was measured in 0.1 M Tris/NO<sub>3</sub><sup>-</sup> buffer (pH=8.0) containing 0.31 mM NADH. The results obtained using an electrode with the surface coverage of  $1.05 \times 10^{-10}$  mol.cm<sup>-2</sup> are shown on Figure 3A. The current increased with increasing



Figure 4. The reverse Kouteky-Levich plots for the data shown in Fig. 3, respectively.

revolution rate  $\omega_i$  up to 2,500 rpm. Also, a reverse Kotecky-Levich plot of  $i^{-1} vs \omega^{-1/2}$  (Fig. 4) was found to be linear up to 3.77 mM [NADH], suggesting the existence of kinetic limitations. The corresponding equation<sup>10</sup> is

$$1/i_{\rm lim} = 1/(nFAk_{\rm f}\Gamma C^*) + 1/(0.62nFAv^{-1/6}D^{2/3}C^*\omega^{1/2}) \quad (1)$$

where C\* is the bulk concentration of the reactant, NADH,  $\Gamma$  is the surface coverage, v is the kinematic viscosity,  $\omega$  is the rotating rate and k<sub>f</sub> is the rate constant. From the intercepts of the plots, the values of k<sub>f</sub>, presenting the second-order rate constants, were  $4.1 \times 10^3$ : (A),  $1.5 \times 10^3$ : (B) and  $2.2 \times 10^4$  M<sup>-1</sup> s<sup>-1</sup>: (C) with the last of the constants being in value higher than the others.<sup>8</sup> In this latter case, the electrode has well ordered surface confined cathecol moieties that enable fast electron transfer. In these systems, the NADH is more easily oxidized by the surface confined cathecol moiety in a chemical step controlled by the rate constant, k<sub>f</sub>. The NAD<sup>+</sup> is a product of this reaction.<sup>11</sup>

**Determination of NADH.** The CV results shown in Figure 5A are the responses at a sweep rate of 10 mV/s for the Au/aet-dpa electrodes in Tris/NO<sub>3</sub><sup>-</sup> buffer solution (pH=8.0) for NADH concentrations of 0, 0.38, 1.13, 2.26, 3.77 and 5.66 mM beginning from the left, respectively. The



**Figure 5.** (A) CVs responses of the Au/aet-dpa electrodes at 10 mV/s in 0.1 M Tris/NO<sub>3</sub><sup>-</sup> buffer (pH=8.0) with NADH concentration of 0, 0.38, 1.13, 2.26, 3.77, 5.66 mM and (B) calibration curve (plot of normalized current *vs.* concentration) from the data of A.



**Figure 6**. The frequency-time curve for the formation of SAMs with (A) 2-aminoethanethiol on QCA(Au) and (B) modified with 3,4-dihydroxyphenylalanine on QCA(Au)/aet electrode.

buffer solution gave the best results in terms of the activity of the NADH in solution, when the electrode was annealed in ethanol for more than 6 hrs, which gave fast kinetics for the oxidation reaction. This is evident from the fact that, at the lower concentrations, the anodic peak current increases with increasing [NADH] but then remains fairly constant at 3.8 mM and over in the calibration curve, as shown on Figure 5B. Also, note that there is not significant return (cathodic) wave originating from the catalytic ability of this electrode. It could be that there is a limitation, due to a problem of accessibility, so that only a part of the NADH has access to the catalytic sites. These types of SAMs electrodes could be sensitive to the air with a consequent reduction in kinetics, and could be conserved in degassed ethanol for several weeks.

EQCM results. In case of the SAMs formed with 2aminoethanethiol on Au(QCA) resonator, the frequency change as shown in Figure 6A was 226.9 Hz, but when it was coupled with dpa, this resulted in a frequency difference of 110.4 Hz, as shown in Figure 6B. In the adsorption measurements of dpa on the Au/aet electrode (Fig. 6B), the frequency of 58 Hz which was observed for the first 30 seconds, gave way to a subsequent increase, which was caused by the desorption of weakly bound SAMs on the surface. The quantity for each electrode corresponded to  $3.02 \times 10^4$  and  $1.47 \times 10^4$  M cm<sup>-2</sup>, respectively. Figure 7A to Figure 7C show the potential dependence upon frequency and the corresponding CV results of the various types of electrode, namely OCA(Au)/aet, OCA(Au)/aet-dpa and QCA(Au)/aet-dpa-NADH in the buffer solution (pH=8.0) respectively. The values of frequency difference for these three electrodes were  $2.8 \pm 1$ ,  $6.7 \pm 1$  and  $3.9 \pm 1$  Hz, which corresponded to the number of hydrated water molecules, which were 17, 46 and 25, respectively. These numbers were calculated from the Sauerbrey equation, which is shown as eq. (2).<sup>12</sup>



**Figure 7**. Time dependence of frequency and the corresponding CV results for the quartz crystal resonator in (A) 1 mM aet/ethanol solution and (B) in 1 mM 3,4-dihydroxyphenylalanine containing 3 mM EDC solution, which was used to prepare the QCA(Au)/aet-dpa type electrode A, and (C) QCA(Au)/aet-dpa-NADH electrode with 1.21 mM NADH where the gate time = 0.1s, output range = 20 kHz, F<sup>o</sup> = 7.993,804 Hz, surface coverage =  $1.05 \times 10^{-10}$  molcm<sup>-2</sup>. and active electrode area = 0.205 cm<sup>2</sup>.

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$$\Delta m = 1.40 \times 10^{-8} \,\mathrm{gHz}^{-1} \,\mathrm{cm}^{-2} \,\Delta F \tag{2}$$

Figure 7A exhibited the continuous increasing in frequency observed in the one CV measurements of the QCA(Au)/aet electrode. The terminal amine groups, which incorporated the large molecules of the supporting electrolyte, tris-(hydroxymethyl) aminomethane, are electronically charged or discharged during the CV process and, consequently, the counterbalancing ions trapped on the film cannot escape. This leads to a capacitive charging or discharging of the films and build-up of the electrostatic field. The field will eventually exceed the threshold frequency jump necessary to expel excess ions.<sup>13</sup> However, on the other hand, the surface of the SAMs, which are covered with hydroxyl groups, is in contacts with the solution, as shown in Scheme 1, in Figure 7B. The well oriented surface could be more easily hydrated, and this hydration might be sufficient to absorb the excess ions produced when they were oxidized to the o-quinone or reduced to the o-hydroquinone form , resulting in continuous decrease in frequency. The reaction of the QCA(Au)/aet-dpa type of electrode with NADH gave rise to a different pattern of redox process, as shown in Figure 7C.<sup>14</sup> The oxidation process at -0.30 V exhibited a sudden increase in frequency of 4.3 Hz originated from the oxidation of NADH to NAD<sup>+</sup>.

## Conclusions

The oxidation of o-hydroquinone moiety in the SAMs on the gold electrodes gave rise to stable redox active thin films. The analytical signal was based on the electrocatalytic oxidation of the NADH on the gold electrode, immobilized by 2-aminoethanethiol and subsequently modified with 3,4dihydroxyphenylalanine, which resulted in Au/aet-dpa the type of electrode. The electrodes gave well ordered film morphology, lower formal potential (0.30 V *vs* SSCE), a 9 times higher rate constant of charge transfer and 10 times higher detection limit than the polymer modified one. We characterized the response of the biosensor in terms of the effects of the immobilization procedure and pH of the solution. The 0.1 M Tris/NO<sub>3</sub><sup>-</sup> buffer solution (pH=8.0) gave the best electrochemical responses at a slow scan rate of 0.01 Vs<sup>-1</sup>. The biosensor exhibited high sensitivity with a limit of detection in the 3.8 mM range, and the rate constant (k<sub>f</sub>) was  $2.17 \times 10^4$  M<sup>-1</sup> s<sup>-1</sup>. This modified electrode, when employed as a biosensor, could be useful in the electrocatalytic oxidation of NADH. These reactions eventually become deficient owing to the coupling reactions of dpa itself at the modification of the Au/aet electrodes. However sufficient amount of dpa could overcome this process.

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